

March 2021

Carver Council on Aging

What's Inside for March

"St. Pat's Pick-Up" Corned Beef and Cabbage Dinner Drive-Thru

Prepared by

Mamma Mias of Carver

**Wednesday, March 17th
from 11:00 am - 12:00 pm**

Tickets with designated pick-up times will be available for purchase with June in the Nutrition Center Monday, March 1st - Friday, March 12th. Cost is \$10/person for a delicious re-heatable Corned Beef and Cabbage meal. Instructions for pick-up on the 17th, St. Patrick's Day, will be included with each ticket purchased. *Tickets are limited!*



Special thanks to Mamma Mias for their continued support of the Carver COA and the seniors of our community. Let's support them too!

Limited AARP Tax Aide Assistance

Due to COVID there will be major changes to the process. Appointments will be scheduled every 25 minutes from 9:00 am - 1:35 pm each Monday from **March 1st through April 4th**. Appointments will consist of bringing paperwork for scanning and returning a few days later to pick up your completed return. Priority for the first appointments will be given to the 32 people whose appointments were cancelled last year due to the shutdown. Please note that there will be no preparation available for tax payers using Schedule A or Schedule C tax forms. Please be prepared with an alternative plan for your taxes if we are unable to fit you into our schedule. Please call Connie at 508-866-4698 x3 to make an appointment.



CARVER RESIDENTS COVID 19 VACCINATION UPDATE

Individuals in Phase 2: **Group 1:** individuals 75+ and **Group 2:** Individuals age 65+ with 2+ certain medical conditions, and/or residents and staff of low income and affordable senior housing can get the COVID-19 vaccine **now**. Residents can search for available clinic locations and schedule appointments via the state website at <https://www.mass.gov/info-details/covid-19-vaccination-locations>.

Residents may also **call 211** to access guidance from the Commonwealth of Massachusetts in scheduling vaccinations. **PATIENCE IS NEEDED FOR ALL OF THESE OPTIONS AS DEMAND INCREASES.**

Residents who require assistance to schedule appointments online may visit the Carver Public Library during their regular business hours of Mondays 10:00-4:00 and Wednesdays 10:00-6:00. Appointments for help with scheduling vaccinations are recommended, but not required, and may be made by calling the library at 508-866- 3415.

COUNCIL ON AGING

Monday -Thursday
9 AM-3 PM
Friday 9 AM-12PM
48 Lakeview St., South Carver
508-866-4698

COA DIRECTOR

Connie Kelly
Monday-Friday
8 AM-4 PM
508-866-4698 x3
connie.kelly@carverma.gov

BOARD OF DIRECTORS

Donna Marie Forand-Chair
Helen Marrone-Secretary
Savery Moore
Claudia Miller
Nancy Ryan
Stephanie Clougherty Alt.
Paula Hitchcock Alt.

FRIENDS OF THE CARVER COA

Ron Clarke - President
Paul M Kelly -Vice President
Madeline Joyce -Treasurer
Jackie Rogerson - Secretary
508-866-4698

The mission of the Carver Council on Aging is to identify the needs, interests, and concerns of Carver's senior community and in response develop and implement programs and services that address these. The goal of these endeavors is for the senior community to maintain their independent lifestyle with dignity, while enriching their quality of life.

GATRA Dial-A-Ride

Shopping - Dining - Appointments - Ride to the COA

GATRA operates out of the COA and provides transportation to senior and disabled residents.

PLEASE REMEMBER

Call our dispatcher from 9:00 am - 12:00 pm no later than the day before to schedule a seat on the bus. Have the address of the location to which you need transportation when you schedule.

Call in advance to CANCEL a reservation.

Messages can be left after hours.

DO NOT call the drivers directly!

Please consider other passengers and limit the number of shopping bags on shopping trips

UPDATED LIMITED SCHEDULE

Due to the Corona Virus, Gatra Bus Service has changed.

Capacity is limited to 2 passengers maximum per bus and masks are required.

Trips are limited to:

*** Doctor's Appointments**

*** Pharmacy Runs**

*** Grocery Shopping at Shaw's Carver Only
Wednesdays and Fridays**

GATRA Bus FAQs

What towns does GATRA provide rides to?

Transportation is provided to the towns adjacent to Carver.

What is the fee for riding the GATRA bus?

The fee is **\$1.75** each way. A book of 10 passes can be purchased for **\$15**. *A book of passes makes a great gift for any senior in your life that needs transportation!*

How do I schedule a ride?

Call **508-866-4698 x-1** prior to 12 pm the day before.

Closing Due To Weather Conditions

The Carver COA will be closed and bus services canceled if and when the Carver Schools are closed.

Closing announcements are broadcast on WPLM radio.

Any 1 or 2 hour school **delays** will cancel any bus trips scheduled from 8 - 9 or 8-10 on that day.

LOAN CLOSET (please call before dropping off items)

The COA maintains a "loan closet" of canes, walkers, crutches, commodes, wheelchairs, etc., available to borrow at no charge.

Sanitization is the responsibility of the borrower.

COPIES

This free service is not available at this time while the COA building is still closed to the public.

VETERAN'S SERVICES

Mark Pineo, Carver's Veteran's Agent and Director of Veteran's Services can be reached at 508-866-3406.

LEGAL ADVICE

Attorney-At-Law Lawrence L. Hale is available to meet with seniors, by appointment only, for free legal advice and counseling in 15 minute appointments. **Until the COA is fully open, please call Attorney Hale's office directly at 508-866-2900 and be sure to mention the referral from the COA.**

ATWOOD HOUSE RENTAL

The Nutrition Center at the Atwood House is not available for rent at this time

FRIENDS OF THE CARVER COUNCIL ON AGING

New members are always welcome!

Annual membership is \$10.

Please contact Madeline Joyce or Friends of the Carver Council on Aging, PO Box 72, Carver, Ma 02330.



SENATOR PACHECO

Call **508-822-3000** or **617-722-1551** to see if you can schedule an appointment.

STATE REPRESENTATIVE WILLIAMS-GIFFORD

Call the district office at **508-295-5999** to see if you can schedule an appointment.

WELLNESS CLINIC - "ASK THE NURSE"

The Tuesday screenings for blood pressure, glucose and cholesterol checks are not available at this time while the COA is not fully open.

HAIRCUTS BY DONNA

Donna Lawrence is available to provide in-home hair cuts by appointment; \$20 for a cut, cut and blow dry \$30. Call **508-866-4698 x3** to make an appointment.

COA Board of Directors Bulletin Board

You are invited to the next
Board of Director's Meeting
Thursday, March 25th
at 4:30 pm
at Carver Town Hall.
See you there!

GATRA MINI-BUS

Peggy Wood

Dispatcher

Monday – Friday

9 AM-12 PM

508-866-4698 x 1

OUTREACH SERVICE

Heidi Lufkin-Miles

Outreach Coordinator

Tuesday - Thursday

9 AM - 3 PM

508-866-4698 x 2

NUTRITION CENTER

June Benson

Monday -Thursday

8 AM - 3 PM

Friday 8 AM - 12 PM

508-866-4698 x 4

Lunch weekdays at 11:45



CUSTOM CARVER COA CHAIR YOGA CLASSES

with Mary Wilson of Wild Divinity Yoga
Available for viewing the week of
March 1st on the Friends of the COA
website: friendscarvercoa.com and the
Friends YouTube Channel.

VIRTUAL TOUR OF IRELAND

[https://www.theirishroadtrip.com/
virtual-tours-ireland/](https://www.theirishroadtrip.com/virtual-tours-ireland/)



Celebrate St. Patrick's Day with an
assortment of virtual tours of Ireland
that you can watch online from the
comfort of your home.

WEEKLY ACTIVITIES ON HOLD

- COFFEE HOUR
- ACRYLIC / OIL PAINTING
- CRIBBAGE/RUMMIKUB/SKIP BO
- BINGO

MONTHLY ACTIVITIES ON HOLD

- COFFEE WITH THE CHIEF
- BASKET WEAVING
- SINGO with Jim the DJ Guy
- FOOTCARE

If you need pedicare, call Dr. John
McLaughlin (podiatrist) at 781-738-
3472 or BID Podiatry Clinic 116 Court
St., Plymouth 508-747-1973.

WHAT'S HAPPENING THIS MONTH

FREE "TAKE & MAKE" CRAFTS

Sponsored by the Friends of the
Carver Council on Aging
Available weekly for pick up at the
Nutrition Center **Thursdays between
11 -12** . Reservations for a craft need
to be made by noon the day prior at
508-866-4698 x3. Limited availability.

Mini Topiary Craft

Jar, paints,
dowel,
faux greenery,
floral foam
and paint
brush. 3/4.



Paper Shamrock

Green card stock plus hanging ribbon
and directions 3/11



"Hello Spring" Metal Sign

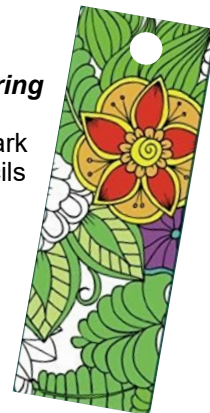
Galvanized metal sign, lettering, silk
flower accents (a glue gun is recom-
mended for this craft). 3/18



Adult Coloring Spring Bookmarks

4 cardstock bookmark
designs, color pencils
and ribbons 3/25

Watch "Crafting
with the COA"
videos on Area 58
and posted on the
Friends of the
COA Website:
www.friendscarvercoa.com or on
YouTube under friendscarvercoa.



STAY TUNED FOR THE TELEVISED ZOOM CONFERENCE CALL WITH PLYMOUTH COUNTY DISTRICT ATTORNEY, TIM CRUZ

D.A. Cruz will discuss the topic of
scams with COA Director Connie
Kelly and plus 2 seniors for input on
this topic. A schedule of availability to
watch is still to come.

CARVER COA SHINE COUNSELOR NEEDED

A SHINE Counselor is needed to
provide assistance to seniors with
their health insurance questions
**please contact Christie Rexford at
the Regional SHINE Office at the
Middleboro COA at 1-800-231-1155.**

A 12-day training program will be
starting in April. Once trained, the
hours at the Carver COA would be
9-12 one day a week for in-person
appointments. Additional days may
be needed during Medicare open
enrollment Oct-Dec.



COMING IN APRIL . . . A MATTER OF BALANCE 5 WEEK COURSE

Tuesdays and Thursdays,
April 20th - May 20th
Look for more details in the April
newsletter. **Call Connie at 508-866-
4698 x3 to register.**

FOOD PANTRY

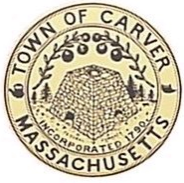
Shane Gives Thanks - 128 Main St.
Tues./Thurs - 8 - 1
*Wed 1 - 4
Sat/Sun/Mon - Closed
*Wed. is Veteran's Shopping Day
508-866-7673

MEALS ON WHEELS

The COA provides Meals on Wheels
for homebound elders.
Monday - Friday
Daily Cost: \$3.00
Call the Nutrition Center at
508-866-4698 x 4

SHINE PROGRAM

Health Insurance Counseling
Appointments via phone or email
only available at this time.
**Please call the Regional Office at
the Middleboro COA at
1-800-AGE-INFO (1-800-243-4636)**



CARVER COUNCIL ON AGING
P.O. BOX 618
SOUTH CARVER, MA 02366

Return Service Requested

Std Lts
U.S. Postage PD
#37
Carver, MA 02330



MARCH 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
St. Pat's Pick-up Drive Thru Corned Beef and Cabbage Meal \$10 tickets on sale in the Nutrition Center ➔	1 <i>Make reservations for Grab & Go lunch by 12:00 noon</i>	2 Grab & Go Lunch Pick up 11-12	3 <i>Make reservations for Grab & Go lunch &/or Craft by 12:00 noon</i>	4 Grab & Go Lunch &/or Craft Pick up 11 - 12	5	6
7	8 <i>Make reservations for Grab & Go lunch by 12:00 noon</i>	9 Grab & Go Lunch Pick up 11-12	10 <i>Make reservations for Grab & Go lunch &/or Craft by 12:00 noon</i>	11 Grab & Go Lunch &/or Craft Pick up 11 - 12	12 Last day to purchase St. Pat's meal tickets!	13
14	15 <i>Make reservations for Grab & Go lunch by 12:00 noon</i>	16 Grab & Go Lunch Pick up 11 - 12	17  St. Pat's Pick-up Drive Thru Corned Beef and Cabbage Meal 11-12 Tickets required	18 Grab & Go Lunch &/or Craft Pick up 11 - 12	19	20
21	22 <i>Make reservations for Grab & Go lunch by 12:00 noon</i>	23 Grab & Go Lunch Pick up 11 - 12	24 <i>Make reservations for Grab & Go lunch &/or Craft by 12:00 noon</i>	25 Grab & Go Lunch &/or Craft Pick up 11 - 12	26	27
28	29 <i>Make reservations for Grab & Go lunch by 12:00 noon</i>	30 Grab & Go Lunch Pick up 11 - 12	31 <i>Make reservations for Grab & Go lunch &/or Craft by 12:00 noon</i>	1	2	3 Don't forget to register for the "Boosting Your Brain Power" Zoom Demo on April 9th with Marcia Richards